

Videos

Written by Debbie

Tuesday, 04 September 2012 23:44 - Last Updated Sunday, 27 July 2014 10:56

Life is for Living: A video about my book which is available from Amazon as a paperback and kindle book as well as at Smashwords as a digital download.

<http://www.youtube.com/watch?v=EKnrufBjRiU>

Tapping Demonstration: In this video I demonstrate how I use tapping on myself. In this instance I use it to remove a block about allowing money into my life.

<http://www.youtube.com/watch?v=kr7I4a2NMpk>

Debbie introducing setting goals: Affirmations to assist with the Law of Attraction

<http://www.youtube.com/watch?v=tyjycx4kk6E>

Relax by the Stream: If you can't get close to nature right now why not relax by the stream.

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http://www.youtube.com/watch?v=EkaJ_tz0MNU

Relaxing Meditation, close to Nature: A meditation taking you close to Nature for general wellbeing

<http://www.youtube.com/watch?v=7uZl2Uuc0wY>